

Justyna Orchowska, PhD

Curriculum Vitae

EDUCATION

Faculty of Sociology, University of Warsaw

PhD | 2021

"Citizens, Rivals, Consumers. The Inhabitants of the Capital in the Face of Limited Accessibility to Public Services". Supervisors: M. Gdula, prof., K. Sztandar-Sztanderska, PhD.

MA | 2016

BA | 2014

Department of Sociology, University Bordeaux

One-year Erasmus exchange program | 2013–2014

EMPLOYMENT

Assistant Professor, Centre for European Regional and Local Studies (EUROREG), University of Warsaw | Oct 2021–present

INTERNATIONAL RESEARCH VISITS AND FELLOWSHIPS

- University of Strasbourg, ITI MAKeRs Fellowship, 1 month | 2022
- Charles University in Prague, 1 month | 2020
- Zagreb University, 1 month | 2019

PROFESSIONAL MEMBERSHIP

Polish Sociological Association (2015-); European Sociological Association (2019-); International Sociological Association (2015-); International Network on Urban Research and Action (2018-); Regional Studies Association Poland (2022-); European Network for Housing Research (2023-)

RESEARCH PROJECTS – PRINCIPAL INVESTIGATOR

Housing Experiences of PhD Students in Polish Cities | 2024–2025

Excellence Initiative Research University, Science Studies Lab, University of Warsaw (UW)

Housing Insecurity and the Urban Middle-Class in Poland - Consultation Visit | 2023–2024

Polish National Science Centre (NCN)

Houses Out of Reach? Housing Strategies of the Urban Middle Class in Poland | 2023–2024

Excellence Initiative Research University, University of Warsaw

Path to Cooperation. Evaluation of Non-Financial Cooperation of the City Hall of Warsaw and Non-Governmental Organisations | 2020–2021

Scholarship of the city of Warsaw for PhD students

Pandemic Diaries | 2020, with: M. Głowacka, M. Helak, M. Łukianow, M. Mazzini, University of Warsaw & Polish Academy of Sciences (own funds, no remuneration for team members)

RESEARCH PROJECTS – TEAM MEMBER

Access to affordable and quality housing for all people - HOUSE4ALL. ESPON. PI: TU Wien (Subcontracted expert for the Polish case study; international research funded by the European Commission) | 2023–2025

Determinants and opportunities for the socio-economic and spatial development of the Carpathian region – KARPAT. ESPON PI: EUROREG UW (Analysis of housing conditions in the Carpathian region) | 2024–2025

The post-socialist city in the era of metropolisation: transformations of the social space in XXI century Warsaw. NCN. PI: M. Smętkowski (Key role in coordinating the sociological research component, including qualitative data collection and analysis) | 2023–2026

The mechanisms of (self-)selection to the teacher profession. Evidence and policy solutions. NCN. PI: M. Herbst (Key role in designing and conducting qualitative study) | 2021–2023

New model of urbanization in Poland - NEWURBPACT. NCBiR. PI: L. Konopielko (Contractor for conducting interviews) | 2019

Values in time of (global) crisis (part of European Values Study). NCN. PI: M. Marody (Contractor for conducting interviews) | 2018

Persistent effects of historical partitions on educational achievements. Interdisciplinary approach. NCN. PI: M. Herbst (Key role in conducting qualitative research and data analysis) | 2017–2018

APPLIED AND POLICY-ORIENTED RESEARCH PROJECTS

Cooperation between EU cities and regions with their Ukrainian partners. Regional Studies Association - Polish Section. Funding: European Parliament (Key role in designing qualitative study and qualitative data analysis) | 2022–2023

Car-change, The City is Ours Association. Funding: ClimateEarth Poland (Conducting interviews and qualitative data analysis) | 2022–2023

Research on violence and discrimination at the Theatre Academy in Warsaw. PI: J. Kubisa, M. Lewicki (Conducting interviews and analysis of the collected material) | 2021–2022

Transport-related exclusion in Masovian voivodship. The City is Ours. Funding: European Climate Foundation (Key role in coordinating, designing, and conducting qualitative study; data analysis) | 2021

Local level collaboration to support civil society around transparency and participation in CEE, ePaństwo (PL), Funky Citizens (RO), K-Monitor (HU). Funding: National Endowment for Democracy (Key role in designing qualitative study and qualitative data analysis for the Polish case) | 2020

The right-wing turn in politics and biographical experiences. Institute of Advanced Studies. Funding: Fredrich Ebert Foundation Poland (Contractor for conducting interviews) | 2017

AWARDS & SCHOLARSHIPS

- 2nd Degree Award of Rector of the University of Warsaw in Scientific Achievements | 2023
- Honourable mention in the competition of the Research Committee of Urban Sociology of the Polish Sociological Association for the best monograph in the field of urban studies | 2023
- Scholarship for Young Female Researchers and Teachers, University of Warsaw | 2023–2025
- Honourable mention in the Prize of the Mayor of Warsaw for the best PhD thesis on Warsaw | 2022
- Scholarship Increasing the Mobility of PhD students of the University of Warsaw | 2018–2020
- Top PhD Student Scholarship of the University of Warsaw | 2016–2021

PUBLICATIONS

Monographs

Orchowska, J. (2022). *Białe plamy. Mieszkńcy Warszawy o usługach publicznych* [White spots. Residents of Warsaw on public services]. Warsaw: Scholar Publishing House.

- The monograph, a pioneering study of the social costs of uneven urban development, received widespread acclaim and media attention. It was distinguished by the Research Committee on Urban Sociology of the Polish Sociological Association (2023) and the Mayor of Warsaw Prize (2022). Its core ideas were further developed in Orchowska (2024a; 2024b) and Kościńska (2019).

Główacka, M., Helak, M., Łukianow, M., Mazzini, M., Orchowska, J. (2022). *Pamiętniki Pandemii* [Pandemic Diaries]. Warsaw: Krytyka Polityczna Publishing House.

- The book presents an innovative project and diary competition on the collective experience of COVID-19 in Poland. It showcases my skills in collaboration, project coordination, and resource management, using only internal institutional funding. The project led to several related publications (Główacka, Helak, Kościńska, 2020; Łukianow et al. 2020; Łukianow, Orchowska, 2023).

Peer-reviewed Journal Articles

Orchowska, J., Buitelaar, E. (2025). The Politics of Middle-Class Housing. Comparing the Dutch and Polish Attempts to Support Housing for the “Squeezed Middle”. *International Journal of Housing Policy*.

Orchowska, J. (2024). Struggling for Urban Space: Examining Social Distinctions between Long-Term Residents and Newcomers in Warsaw's Districts. *International Journal of Urban and Regional Research*, 48(6), 953-1150.

Orchowska, J. (2023). Theorizing urban movements in Pierre Bourdieu's terms – the example of Warsaw, Poland. *International Journal of Politics, Culture, and Society*, 37, 59–75.

Łukianow, M., Orchowska, J. (2023). Czym jest dobry pamiętnik, czyli wyzwania etyczne i metodologiczne w projekcie Pamiętniki Pandemii [What makes a good diary, or ethical and methodological questions in the Pandemic Diaries project], *Studia Socjologiczne*, 3(250), 59–82.

Orchowska, J. (2022). „W ogóle autobusu nie widać”. Życie na obszarach wykluczenia transportowego ['You cannot see the bus at all'. Living in the areas of transport exclusion]. *Studia Regionalne i Lokalne*, 2(88), 108-121.

Kościńska, J. (2021). School: a sad duty or an enriching necessity? Effects of long-term historical institutions on educational attitudes. *Pedagogy, Culture & Society*, 31(3), 499-513.

Łukianow M., Główacka, M., Helak M., Kościńska J., Mazzini M. (2020). Poles in the face of forced isolation. A study of the Polish society during the Covid-19 pandemic based on "Pandemic Diaries" competition. *European Societies*, 23(sup1), S844-S858.

Główacka, M., Helak, M., Kościńska, J. (2020). Konkurs "Pamiętniki Pandemii". Założenia, wyniki, wstępne refleksje ["Pandemic Diaries" competition. Assumptions, results, initial reflections]. *Autobiografia. Literatura. Kultura*, 2(15), 227-242.

Kościńska, J. (2019). Społeczne skutki nierównomiernego dostępu do usług publicznych w przestrzeni miejskiej w świetle badań naukowych [Social effects of uneven access to public services in urban space in scientific research]. *Górnośląskie Studia Socjologiczne*, 10, 198-209.

Kościńska, J. (2018). Badanie jakościowe w instytucjach dwujęzycznych – studium przypadku przedsiębiorstwa z sektora bankowego [Qualitative research in bilingual institutions - case study of a company in the banking sector]. *Acta Universitatis Lodzienensis. Folia Sociologica*, 1(68), 93-106.

Kościńska, J. (2018). Miejsca pamięci w przestrzeni miejskiej Warszawy. Pomnik generała Emila Augusta Fieldorfa „Nila” Na Warszawskiej Pradze-Południe [Memorial places in the urban space of Warsaw. Monument of General Emil August Fieldorf "Nil"]. *Konteksty Społeczne*, 1(11), 64-76

Drozdowska, A., Kościńska, J., Przepiórkowski, M., Trepka, K. (2018). Infrastrukturalny charakter partycipacji – zróżnicowanie poziomu miejskiej partycipacji na przykładzie warszawskiej Białołeki [Infrastructurally determined participation - dimensions of local political activity on the example of Warsaw's Białołeka District]. *Studia Socjologiczno-Polityczne. Seria Nowa*, 1(8), 93-108.

Book Chapters

Orchowska, J. (2024). "Radzimy sobie w taki sposób, że po prostu sobie nie radzimy". Klasa średnia na warszawskim rynku mieszkaniowym. ["We Manage in Such a Way That We Simply Do Not Manage". The Middle Class in the Warsaw Housing Market]. In: Lewenstein, B., Bakalarz, M., Całek, G. (eds.). *Warszawa w badaniach społecznych [Warsaw in Social Research]*, pp. 197–212. Cracow: Impuls.

- In this invited chapter, the initial findings from the "Houses Out of Reach? Housing Strategies of the Urban Middle Class in Poland" project (2023-2024, principal investigator) are presented, highlighting my ability to lead research projects and publish in high-quality national publishing houses.

Kościńska J., Herbst M. (2019). An interdisciplinary approach to the persistent effects of the Polish partitions on educational achievements. In: M. Molema, S. Svensson (eds.), *Regional Economic Development and History* (pp. 63-81). Abingdon, New York, NY: Routledge.

- This invited chapter outlines the methodology of the project "Persistent Effects of Historical Partitions...". It highlights my ability to publish as a first author with top international publishers and collaborate effectively in interdisciplinary teams. Findings also appear in Kościńska (2021).

INTERNATIONAL CONFERENCES – SELECTED

Reflections and Developments in Housing Research: What's Next? University of Glasgow, International Journal of Housing Policy. Presentation: Politics of middle-class housing. Comparing the Dutch and Polish attempts to support housing for the "squeezed middle" | 2025

International Network on Urban Research and Action, Malaga. Presentation: Housing Affordability Challenges: A Perspective from Poland's Middle Class | 2024

European Network on Housing Research, Łódź. Presentation: Houses out of reach? Housing affordability and urban middle class in Poland - theoretical and methodological remarks | 2023

International Network on Urban Research and Action, Zurich. Presentation: Housing out of reach? The challenges of housing affordability in Poland | 2023

Justice Studies Association, online. Presentation: Spatial Justice and the Accessibility to Social Services - the case of Warsaw, Poland | 2022

Metropolitan Prospects for a Better Urban Future, University of Silesia. Presentation: Metropolitan residents in the face of limited access to public services– the case of Warsaw | 2022

Urban Movements and Local Politics in CEE Countries, CEFRES, Prague. Presentation: Theorizing Urban Movements Using Bourdieu's Concepts of Capital and Habitus | 2021

14th Conference of the European Sociological Association, Manchester. Presentation: Strategies of Coping With the Unequal Access to Public Services in Urban Space | 2019

Informal Housing and Property Rights in Eastern Europe and Central Asia, University of Zurich. Presentation: Social consequences of the reprivatisation process – case of Warsaw | 2018

Interdisciplinary connections between History & Regional Studies. UCL. Presentation: Persistent effects of historical partitions on educational achievements. Interdisciplinary approach | 2017

TEACHING

- Teaching at the **University of Warsaw**, first as a PhD candidate (2017–2021), then as an assistant professor (since 2021; teaching load: 7 courses per year). Design and delivery of BA and MA courses in sociological theory, urban studies, and qualitative research methods.
- Guest lectures at the Faculty of Architecture, **Warsaw University of Technology** | 2022–2024
- Teaching mobility under the Erasmus+ to **Northeastern Illinois University**, USA (2022), and the **University of Vienna** (2023), including 8h of classes in urban sociology and qualitative methodology.
- Completion of the "Young Educators" training program, University of Warsaw | 2021–2022
- Lectures during the Science Festival at the University of Warsaw | 2017–2020

ACADEMIC SERVICE

- **Deputy Head of Urban Studies Program**, University of Warsaw | 2025–present
- **Mobility Coordinator for Students and Staff**, EUROREG, University of Warsaw | 2022–present
- **Board Member, Urban Sociology Section**, Polish Sociological Association | 2025–present
- **Member of the Research Ethics Committee**, EUROREG, University of Warsaw | 2022–present
- **Member and Coordinator of the Polish Editorial Team of the popular science quarterly Global Dialogue**, International Sociological Association (ISA) | 2015–2021
- **Member and Board Member of the Public Sociology Student Association** | 2015–2021
- **Member of the Doctoral Council**, Institute of Sociology, University of Warsaw | 2016–2019
- **Chair of the Student and PhD Students' Section**, Polish Sociological Association | 2016–2018

PUBLIC ENGAGEMENT AND VOLUNTEERING

Active in Warsaw's third sector and urban movements since 2014. Active participant in public conferences, debates, and educational workshops (e.g., Science Festival, high school workshops). Author of popular science articles, including regular opinion pieces for NGO.pl (2022-2024).

LANGUAGES

Polish – Native
English – C1 (Advanced: spoken and written)
French – C1 (Advanced: spoken and written; certified B2, DELF B1)
Spanish – A1 (Beginner)